


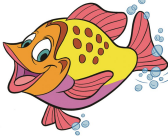

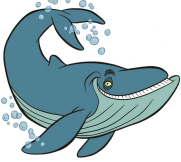


Red Cross Swim PreSchool is an eight level program for children aged 4 months to 6 years. Participants enter levels based on their age and ability. Levels are Parented and Un-Parented. Progression is based on skill evaluation and/or age.

MASCOT	LEVEL AND DESCRIPTION	STATUS	AGE	REGISTER IN
	<p><b>SEA TURTLE (Parented)</b></p> <p>Swimmer and caregiver work on submersion, front and back floats and glides, jumping into chest-deep water with assistance, kicking on front and front swim.</p> <p><i>* Offered upon demand. Please ask staff.</i></p>		24 - 36 months	Complete - Sea Otter Incomplete - Sea Turtle
	<p><b>SEA OTTER (Un-Parented)</b></p> <p>Swimmers work on front and back floats and glide, kicking on front with a bouyant object and will be able to swim one metre upon completion of this level.</p>	Complete Complete Incomplete Incomplete	Under 6 Over 6 Under 6 Over 6	Salamander Swim Kids 1 Sea Otter Swim Kids 1
	<p><b>SALAMANDER (Un-Parented)</b></p> <p>Swimmers work on improving their front and back floats and jumping into chest-deep water unassisted. Kicking is added to the front and back glide and swimmers will be able to swim two metres upon completion</p>	Complete Complete Incomplete Incomplete	Under 6 Over 6 Under 6 Over 6	Sunfish Swim Kids 1 Salamander Swim Kids 1
	<p><b>SUNFISH (Un-Parented)</b></p> <p>Swimmers work on kicking and can perform glides (front and back), enter deep water safely, float in deep water swim with a personal floatation device and swim five metres continuously.</p>	Complete Complete Incomplete Incomplete	Under 6 Over 6 Under 6 Over 6	Crocodile Swim Kids 2 Sunfish Swim Kids 1
	<p><b>CROCODILE (Un-Parented)</b></p> <p>Swimmers further develop the front and back glide with kick, front and back swim, jump into deep water, swim with a personal floatation device in deep water and swim 10 metres continuously.</p>	Complete Complete Incomplete Incomplete	Under 6 Over 6 Under 6 Over 6	Whale Swim Kids 3 Crocodile Swim Kids 2
	<p><b>WHALE (Un-Parented)</b></p> <p>Swimmers increase their distance on front and back glide with kick, increase distance on front and back swim, learn the sitting dive and will be able to swim 15 metres continuously upon completion.</p>	Complete Complete Incomplete Incomplete	Under 6 Over 6 Under 6 Over 6	whale Swim Kids 3 Whale Swim Kids 3